

Conwy Mountain & Foel Lus

Walk Date: Saturday 11th April 2026

Distance: 9.6miles (or 7.2miles)

Ascent: 1920 ft

Walkers: Dave (leader), Steve, Sarah, Colin, Neil, Ann, Cate, Lesley, Chrissie. Lynn, Bruce, Anne, Ray and the impeccably behaved Flora.

With everyone turning up at the Pavillion on time, and with little traffic en-route, we arrived in the parking area on the Sychnant Pass, to be greeted with warm sunshine and blue skies.

Leaving the car park, (once Colin was ready!) along track and country lane, we were soon on the lower end of the ridge with a spectacular panorama of the North Wales coast laid out below us. Climbing west along the ridgeline, the summit of Conwy Mountain (it's really a hill!) was quickly reached.

Descending, the forecasted winds were now in evidence and a squally rain and sleet shower forced waterproofs to be donned in haste. A few minutes later we were soon back to sunnier conditions and enjoying a coffee break sheltered by gorse.

We continued along a farm track, over the pass road, and along a steadily climbing path before an unscheduled pig stop*. Proceeding, the headwind was now increasing, and with another shower visible in the distance and quickly heading our way, the pace quickened to reach the sanctuary of a cross wall and hefty tree, where we decided to take lunch.

With the wind and rain continuing, and the summit of the Foel Lus being a 2 mile 'there and back', the option of a shorter return back to the cars was taken by 5 of the group, with the remaining 8 deciding to continue.

The climb to the summit of Foel Lus is not particularly challenging, but with a strong gusty cross wind, increasing with height gained, it was a case of head down and battle on, with the summit wind shelter offering some welcome respite (and being just about big enough to seat 8).

With the shower now past, and back in warm sunshine, we retraced our steps back to the lunch stop, over the ridge, to turn left at the intake wall. Now on a good track, we began our wind-assisted descent back to the car park (taking in the fine views of the Conwy Valley), with no further weather interruptions.

With the squad regrouped, it was back to The DA for refreshment.

Thank you to the drivers and all those attending, (and choosing to ignore the weather forecast!).

Dave.

* Not a typo!