

**Trip Report: The Peak District**

**Date:** 25th February 2011

**Group:** Lynn (leader) Tony , Mike, Lesley , Chrissie, Hugh, Marie & Tilly

**Route:** Back Tor from Ladybower reservoir

**Total Distance:** 10 miles

**Total Ascent:** 1174 ft

**Weather:** Dry, windy on high ground

**Time:** 5 hours 30 mins

A prompt start and light traffic meant that we met Hugh and Marie at the car park on time. After us girls had tried out the award winning toilets, we headed east towards Whinstone Lee Tor (well that's where we were supposed to be going). Luckily the Leader noticed the path was a bit flat when it should have been rising. Once we had found the right path we headed on towards Whinstone. Not long into the ascent there's a lot of flapping going on, quite literally, Tony's antique boot from the last century had finally expired. With the sole flapping about Lesley provided a spare lace with which Tony tied up his boot.

After Whinstone Lee (454m) we carried on towards Wheel Stones (481m) and still the boot flapped. Unexpectedly, Hugh had a supply of plastic cable ties in his rucksack which were found to be very useful in tying up Tony's boot after Lesley's laces had failed.

We enjoyed great views of the Derbyshire countryside as we continued along the ridge to Dovestone Tor (507m), yet another collection of fascinating gritstone rock formations, a great place for a coffee stop and shelter from the wind. Coffee finished, on we climbed to the summit of Back Tor (538 m) with its trig-point on the summit of craggy boulders. After a quick photo shoot we were off again to Lost Lad (518m). Tony was still having trouble with his sole, Hugh produced the knife saying "There's only one thing to do Tony - Cut it off !" If Danny Boyle had been there we could have had a sequel to 127 Hours - the Lost Sole on Lost Lad.

We continued west across Green Stitches arriving at Bamford House for lunch. The big question was would Lesley have any lunch left after starting to eat hers before we had even set off ? Seems she still had her pork-pie !

After lunch we had headed north towards Abbey Bank, and were then rewarded with a great view of water gushing over Abbey Tip dam.

We strolled back along the lake shore path back to the car park and after an unexpected detour around Wythenshawe we finally arrived back at the Dyasart for re-hydration.

Lynn

