

Trip Report: Snowdonia

Date: 28th May 2010

Group: Jim G (leader) and Mike A, Selina (absent due to Kitchen Fitters)

Route: False Gribin Ridge (Grade 1 Scramble) Gribin Ridge (Grade 1 Scramble) Glyder Fawr (999m) Y Garn (947m) Foel-goch (831m) Mynydd Perfedd (812m) Carnedd y Filiast (821m)

Total Distance: 9.3 miles

Total Ascent: Unknown

Weather: Unknown

7.30 am start from Bunbury

Nice quiet drive along the A55 and then via the A5 to the car park at Ogwen Cottage. Beautiful bright, warm sunny day, slight wind and perfect conditions.

The route starts towards Llyn Ogwen and then turns off left towards the waterfall of Nant Bochlywd and a steep ascent leads to Llyn Bochlywd.

Then around the lake via it's south-west shore to the foot off the False Gribin Ridge. A bit scrappy at first but turns into a great Grade 1 scramble on warm rough rock. The False Gribin ridge merges into the Gribin Ridge and a superb airy Grade 1 Scramble follows to the top.

A short walk leads to the summit of Glyder Fawr (999m) where a coffee stop is made and we sit and admire extensive views of most of Snowdonia, with particularly fine view of the Snowdon Horseshoe.

A very loose and chossy descent down to the head of the Devil's Kitchen and a short flog up to the summit of Y Garn (947m). We then decide to follow the ridge north ascending Foel-goch (831m) and Mynydd Perfedd (812m) where lunch is take in a fine stone shelter which is a sun trap. We eat our lunch admiring views of the entire Carneddau Range.

The ridge finishes at Carnedd y Filiast (821m) a surprisingly steep and rocky end to this ridge where there are great views of Anglesey to the north.

We head back the way we came looking for a descent route back down to the Ogwen Valley and our start point. We opt to descend down a feint path along a ridge towards Y Galan in Cwm Perfedd. This leads to a very narrow Alpine style path that contours across the face of Y Llymllwyd and The Mushroom Garden before descending to the minor road near the Yr Hafod hostel. A short walk back up the minor road and the car park at Ogwen Cottage. Back in the Dysart for re-hydration therapy at 4pm, a perfect day out in the Mountains.

Jim G