

Trip report: Disney and Gritstone Trail

Date: July 25th, 2025

Group: Fred and Anne (leaders), Jim, Mike W + 2 dogs, Steve, Sarah, Christine, David, Bruce, Andrea, Lesley, Janet+ dog.

Distance: 9 miles

Ascent: 1000ft

An uneventful journey ensured prompt arrival at Disney Station carpark. The state-of-the-art ticket machine created cognitive challenge for those carrying XY chromosomes, however persistence paid off eventually.

We set off southwards, rising steadily along the Gritstone Trail, taking in fine views of the much depleted Bollinhurst reservoir and of The Cage. As we continued on the steady climb around the flank of Higher Moor views to our left opened up across Whaley Moor, with the plateau of Kinder Scout evident in the distance. Refreshments were taken near the Bow Stones, those weathered remnants of Saxon Crosses, with great views of the Moor above and of Lyme Park below.

We carried on to the Moor, turning West and eventually dropping down, taking lunch near a disused quarry. Afterwards we entered Hase Bank Woods before reaching Lyme Park. After a short stop, including ice cream for some, we set off for the final push up and across to The Cage, before returning to Disley.

Friday night traffic led to a somewhat delayed arrival back at The Dysart; this discomfort was apparently compounded for Andrea and Bruce by having to travel in a vehicle without functioning air-conditioning. As ever, walkers and other BUMS enjoyed a convivial end to the day.